

**Massachusetts Department of Public Health  
Request for Restrictions on Use and Disclosures of Confidential Information**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone # \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**REQUESTED RESTRICTION:** Please describe the type of restriction you desire, and the programs to which your request applies. **Please note:** 1) Only the programs listed will be required to comply with this request. 2) DPH cannot agree to restrict disclosures required by law. 3) Even if your request is approved, disclosures to you will not be restricted.

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**My request applies to (Check one and indicate date(s)):**

- ☐ Communications about this date only \_\_\_\_/\_\_\_\_/\_\_\_\_; or
- ☐ From this date \_\_\_\_/\_\_\_\_/\_\_\_\_ until I indicate otherwise; or
- ☐ From this date \_\_\_\_/\_\_\_\_/\_\_\_\_ to this date \_\_\_\_/\_\_\_\_/\_\_\_\_.

\_\_\_\_\_

\_\_\_\_/\_\_\_\_/\_\_\_\_

Your Signature or Signature of Personal Representative

Date

\_\_\_\_\_  
Print Name

Indicate relationship of person signing this form to the individual who is the subject of the information:

\_\_\_\_ Person signing is the individual

\_\_\_\_ Person signing is the Personal Representative authorized to make health care

decisions for the individual. Describe the authority. \_\_\_\_\_

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<b>DPH Use Only</b>		
<b>DPH Decision</b>		
<input type="checkbox"/> Request Approved <input type="checkbox"/> Request Denied		
<div style="text-align: right; margin-right: 50px;"><hr/><hr/><hr/><hr/><hr/></div>		
By: _____		
Signature	Title	Date

DPH is required to inform you of your right to file a complaint about this decision.

With DPH:  
Privacy Office  
Massachusetts Department of  
Public Health  
250 Washington St.  
Boston, MA 02108  
Phone: 617-624-6083

With the Department of Health & Human Services:  
Regional Manager, Office for Civil Rights  
DHHS Government Center  
J.F. Kennedy Federal Building – Room 1875  
Boston, Massachusetts 02203  
Phone: 617-565-1340  
FAX: 617-565-3809    TDD: 617-565-1343

Your complaint must be in writing, filed within one hundred eighty (180) days of when you knew or should have known of the denial, and name DPH as the party you are complaining against.